

# Student Information

Please print or type.

You will not be eligible to participate in Youth Tour activities until these forms have been filled out in their entirety and returned to your sponsoring cooperative for submission to PREA. Return this completed form to Sussex Rural Electric Cooperative by sending it to [info@sussexrec.com](mailto:info@sussexrec.com) or 64 County Route 639, Sussex, NJ 07461.

PREA and NRECA collect the following information to provide first aid and other medical treatments for students participating in Youth Tour and Youth Leadership Council. We reserve the right to refuse participation by your child if the information is not provided. The information collected will be kept by PREA and NRECA staff and will only be provided to medical staff in the case of an accident or emergency. This information is not shared or used for any other purpose. Some of the information contained in the form will be deemed a personal health record and, therefore, protected in accordance with certain federal requirements in addition to PREA's and NRECA's privacy policy.

Electric Cooperative: \_\_\_\_\_

Full Name: \_\_\_\_\_

Name (as you want it to appear on your name badge): \_\_\_\_\_

Full Address: \_\_\_\_\_

\_\_\_\_\_

Home Phone: \_\_\_\_\_ Cellphone: \_\_\_\_\_

Your Email Address: \_\_\_\_\_

Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

Congressional Representative: \_\_\_\_\_

Parent(s)/Guardian(s) – List the *full names* of your natural parents, stepparents, and/or legal guardians:

Parent 1: \_\_\_\_\_ Cellphone: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Parent 2: \_\_\_\_\_ Cellphone: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Parent 3: \_\_\_\_\_ Cellphone: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Parent 4: \_\_\_\_\_ Cellphone: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Legal Guardian(s): \_\_\_\_\_ Cellphone: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

With whom do you live? \_\_\_\_\_

# School Information

High School: \_\_\_\_\_

School Address: \_\_\_\_\_

Grade Point Average: \_\_\_\_\_ Major Study Interest: \_\_\_\_\_

Career Goal: \_\_\_\_\_

List activities you have participated in and any special honors you have received during high school, such as class officer, plays, music, athletics, etc.:

Activity	Years	Remarks

Please list any public-speaking experience you may have: \_\_\_\_\_

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List extracurricular activities and years of involvement, including 4-H, church, community, and service clubs, etc.:

Activity	Years	Remarks

List any other activities, special interests or hobbies: \_\_\_\_\_

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List your local newspapers (dailies and weeklies), names, addresses and websites: \_\_\_\_\_

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# YOUTH TOUR – Consent for Medical Treatment

READ THIS FORM COMPLETELY AND CAREFULLY AS THIS DOCUMENT IMPACTS IMPORTANT LEGAL RIGHTS.

I/We the undersigned parent(s) or guardian(s) of \_\_\_\_\_  
(youth's full name)

give my/our consent for my/our child to participate in Youth Tour from Monday, June 16, 2025, through Saturday, June 21, 2025, sponsored by the Pennsylvania Rural Electric Association (PREA).

I/We understand that this participation involves travel within and outside Pennsylvania and New Jersey.

I/We authorize and direct PREA, through its staff and volunteer chaperones, to direct and supervise my/our child. I/We further request and authorize PREA, through its staff and volunteer chaperones, to secure any medical or other emergency services the said staff and volunteer chaperones in their reasonable discretion may deem necessary or desirable for my/our child during their participation in Youth Tour.

To ensure my/our son/daughter receives prompt medical care and treatment when necessary, I/we hereby release any licensed healthcare provider providing medical care to our child in reliance of this form from liability relating to such provider's acceptance of my/our substitute caregiver's consent.

Please provide the name and phone number of the best person to contact in the event of an emergency:

Name: \_\_\_\_\_ Relationship to Student: \_\_\_\_\_

Emergency Phone Number: \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Parent 2/Guardian's Signature (Optional)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Date)

State of \_\_\_\_\_

County of \_\_\_\_\_

Signed (or attested) before me on \_\_\_\_\_  
(date)

by \_\_\_\_\_  
(name(s) of individual(s))

Signature of notarial officer \_\_\_\_\_

Stamp

My commission expires: \_\_\_\_\_

## Medical Information

Please list any chronic or temporary medical conditions (such as epilepsy, diabetes, etc.) the tour director and chaperones should be aware of. Do you have any of the following:

Asthma	Yes	No	
Bleeding problems	Yes	No	
Convulsions/seizures	Yes	No	
Depression disorder	Yes	No	
Diabetes	Yes	No	
Epilepsy	Yes	No	
Heart murmur/heart disease	Yes	No	
High blood pressure	Yes	No	
Respiratory problems	Yes	No	
Sleep walking	Yes	No	

List all other medical conditions:

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Please list all allergies:

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Date of last tetanus shot: \_\_\_\_\_

Blood Type: \_\_\_\_\_

Medications: List drug names (prescription or OTC) and dosages of medications you take regularly, including those for allergies or other medical conditions that would be needed for the trip (e.g., diabetes, car sickness).

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## Insurance Data

Note: This information is required for the Accidental Insurance Coverage.

\_\_\_\_\_  
(Full Name of Insured Youth)

\_\_\_\_\_  
(Full Name of Beneficiary)

\_\_\_\_\_  
(Relationship to Insured Youth)

\_\_\_\_\_  
(Address of Beneficiary)

\_\_\_\_\_  
(City & State)

\_\_\_\_\_  
(ZIP Code)

# YOUTH TOUR – Consent for Liability and Publicity Release Form

READ THIS FORM COMPLETELY AND CAREFULLY AS THIS DOCUMENT IMPACTS IMPORTANT LEGAL RIGHTS.

I/We the undersigned parent(s) or guardian(s) of \_\_\_\_\_  
(youth's full name)

give my/our consent for him/her to participate in Youth Tour from Monday, June 16, 2025, through Saturday, June 21, 2025, sponsored by the Pennsylvania Rural Electric Association (PREA).

I/We understand that this participation involves travel within and outside Pennsylvania and New Jersey.

I/We hereby release and agree to hold harmless PREA, NRECA, its officers, members, staffs, and associated organizations together with their heirs, successors, or assigns from any and all causes of action, claims, damages, costs, expenses, compensation, personal injury, property loss, or any other loss or injury related to participation by my/our son/daughter during his/her participation in the Electric Cooperative Youth Tour.

I/We hereby grant permission to PREA to use photographs, likenesses, and/or videotape images of my/our son/daughter for publicity purposes related to this activity.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Parent 2/Guardian's Signature (Optional)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

# YOUTH LEADERSHIP CONFERENCE – Consent for Medical Treatment, Liability and Publicity Release

READ THIS FORM COMPLETELY AND CAREFULLY AS THIS DOCUMENT IMPACTS IMPORTANT LEGAL RIGHTS.

I/We the undersigned parent(s) or guardian(s) of \_\_\_\_\_  
(youth's full name)

give my/our consent for him/her to participate in the Youth Leadership Conference from June 1, 2025, through March 31, 2026, sponsored by the National Rural Electric Cooperative Association (NRECA). I/We understand that this participation involves travel within and outside \_\_\_\_\_, and that at  
(your state)  
times my/our son/daughter may be traveling and/or participating in activities without the direct supervision of a chaperone.

I/We authorize and direct NRECA, through its staff and volunteer chaperones, to direct and supervise my/our son/daughter. I/We further request and authorize NRECA, through its staff and volunteer chaperones, to secure any medical or other emergency services the said staff and volunteer chaperones in their reasonable discretion may deem necessary or desirable for my/our son/daughter during his/her participation in the Youth Leadership Conference.

I/We hereby release and agree to hold harmless NRECA, its officers, members, staff, and associated organizations together with their heirs, successors, or assigns from any and all causes of action, claims, damages, costs, expenses, compensation, personal injury, property loss, or any other loss or injury related to participation by my/our son/daughter during his/her participation in the Youth Leadership Conference.

I/We hereby grant permission to NRECA to use photographs, likenesses, and/or videotape images of my/our son/daughter for publicity purposes related to this activity.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Parent 2/Guardian's Signature (Optional)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

# Social Media Contract for Youth Tour Participants

Name: \_\_\_\_\_ Cooperative: \_\_\_\_\_

Social media, such as Facebook, X (formerly Twitter), Instagram, Snapchat, YouTube, personal texting, and others, are powerful tools of communication that can have significant impact on your personal reputation as well as the reputations of the cooperative you are representing, the Pennsylvania Rural Electric Association (PREA) and the National Rural Electric Cooperative Association (NRECA).

Your parent/guardian and you must read and sign this contract acknowledging personal accountability to use social media responsibly as a cooperative representative, and a representative of PREA on the NRECA Youth Tour. Please adhere to the following rules and guidelines when posting on social media sites while on Youth Tour or thereafter concerning Youth Tour.

- Think twice before posting. Privacy does not exist in the world of social media. Even if you think the information will disappear after a few hours, an image with your name attached can last a lifetime. Consider what could happen if a post becomes widely known and how that may reflect on your reputation, the reputation of your family and friends, the reputation of your cooperative, PREA, and NRECA. Moreover, the information you place online could jeopardize your future when applying to college or for a job years after Youth Tour.
- Always be authentic. Be honest about your identity. If you post personally or use a Youth Tour hashtag, make sure you are being a positive representative of your cooperative, PREA and NRECA Youth Tour.
- When posting on social media while on Youth Tour, you will not be disrespectful, disingenuous, inappropriate or offensive.
- Never pretend to be someone else when you post personally or as a Youth Tour representative.
- Be respectful and thoughtful. Youth Tour participants are committed to showing respect and dignity for all people and to the civil and thoughtful discussion of opposing ideas. Treat others the way you would like them to treat you on social media sites.
- Know the rules. Become familiar with the terms of service and policies of the social media sites and networks in which you participate and the appropriate code of ethics required for responsible online communications.
- If you have a question about something you want to post, please ask the tour director before posting.

Students who engage in inappropriate use of social media sites, including electronic text, may be required to remove all posts in question from social media sites, be required to show tour leaders their social media sites when asked, be sent home at the expense of their parent(s), or be subject to any other actions that may be appropriate or required based on the circumstances.

These guidelines and rules are non-negotiable and the consequences are dependent on the degree of misuse of social media.

Parent Signature(s) \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature \_\_\_\_\_ Date: \_\_\_\_\_

# Rules/Guidelines Contract for Youth Tour Participants

Name: \_\_\_\_\_ Cooperative: \_\_\_\_\_

You were selected by your sponsoring cooperative to join the Pennsylvania/New Jersey Rural Electric Youth Tour because you have measured up to the highest standards of leadership and conduct. You will be serving as representatives of the National Rural Electric Cooperative Association (NRECA) and Pennsylvania Rural Electric Association (PREA) and its member cooperatives from the time you leave until the time you return from Washington, D.C. You have a responsibility to yourself, and to others, to conform willingly and cooperatively with our very reasonable expectations.

You, along with your parent/guardian, must read and sign this contract acknowledging the rules and guidelines as a cooperative representative, and a representative of PREA and NRECA on Youth Tour.

Please adhere to the following rules and guidelines while on Youth Tour.

- Be punctual. If possible, be a little ahead of time.
- Travel in groups of three or more.
- Talking/texting on a cellphone is discouraged during scheduled tour activities.
- You will be required to participate in all planned activities of the entire Youth Tour and may not be excused from such participation except for good and sufficient reason and approval of the tour director.
- You will be required to wear your name badge at all tour functions.
- You must be in your room at the Gaylord at times designated by the tour director. You are not to leave your room after this hour except with special permission of the tour director and/or chaperone and escorted by a chaperone.
- You are not permitted to leave the grounds of the Gaylord.
- You are expected to conduct yourself respectfully and professionally.
- If you see or hear something that compromises the safety of those attending Youth Tour or the integrity of the program, say something to the tour director or a chaperone.

**If a violation is detected of the rules listed below**, you are subject to immediate dismissal from the group and will be returned home at your family's personal expense:

- Alcoholic beverages, including beer and wine, are strictly prohibited on Youth Tour.
- Use of illegal drugs, as prohibited by federal law, is strictly prohibited on Youth Tour.
- No smoking, tobacco use or vaping is permitted on the tour.
- Criminal or illegal activities are forbidden and punishable by law.
- No harassment of any sort.
- You must strictly adhere to the terms of the social media contract.
- Male and female students are NEVER allowed to be in a hotel room together.

Infraction of these rules governing the conduct of Youth Tour will be considered as cause for reprimand or termination of your participation and you will be returned home at your family's personal expense.

These guidelines and rules are non-negotiable and the severity of the consequences are dependent on the degree of violation.

Parent Signature(s) \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature \_\_\_\_\_ Date: \_\_\_\_\_



Along with your application for 2025's Youth Tour, students must submit a 500-word essay, based on the following prompt:

*Youth Tour is a trip that, since the 1950s, has provided the opportunity for high school students from rural areas to explore our nation's capital. On Youth Tour, students get to learn about the democratic process in Washington, D.C. Youth Tour students have the opportunity to make connections and potential lifelong friendships with peers from other parts of the country.*

*Many Youth Tour alumni credit the trip as a critical life moment for them that set them on their path to success in their education or career. In fact, Apple CEO Tim Cook has credited Youth Tour as his first experience visiting Washington, D.C. After Youth Tour, alumni also have access to exclusive scholarship opportunities.*

***Please write a 500-word-minimum essay on the following topic:***

*Think about your own life, your role in your community, and what you want for yourself in the future. What does the prospect of this free trip to Washington, D.C. mean to you? What are you most interested in seeing and experiencing, and how could this experience help you in your life journey as you grow into a young adult?*

Please submit your 500-word-minimum essay answering the questions above, along with your completed application, to [craffay@sussexrec.com](mailto:craffay@sussexrec.com) by **Friday, February 7<sup>th</sup>, 2025**.

Following this, the next step in the selection process will involve interviews with student applicants. Essays and interviews are a major part of the Youth Tour selection process and help us determine our selection of 2025's Youth Leadership Council (YLC) student representative.

If you are chosen to attend 2025's Youth Tour, you will be required to attend a preliminary Youth Tour meeting at Sussex REC's office alongside a parent or guardian. This meeting will take place on **Monday, February 24<sup>th</sup>**.